~ Reach for that permanent solution ... it is there for you! ~

Are you tired of living a seesaw life (up then down) with any of the following ups and downs:

- All seems well in the home then chaos returns
- Job seems secured then it is gone
- Relationship is all you hoped for then you no longer recognize that person who once loved you
- Weight seems to be in tact then the cravings start again
- Prayer life appears just right then you suddenly can't find time to keep enjoying
- Depression is lifted then returns all over again
- Kids seem to be streamlined then you find that they lost their balance again
- You are able to cover the monthly bills then you are in the red again
- You found the perfect fellowship then you no longer feel it is what you need
- You find great happiness and fulfillment in your home and work then the emptiness steps in again
- Business seems to be booming then it all ends and you are back at the beginning
- Material things hoist you then they suddenly seem valueless

Why? Dear ones, it is because our solutions are like cosmetics that hide the reality of the face for a limited time or like temporary drugs that give us a high only for so long. There is nothing we can personally do in our own strength to enjoy lasting joy, fulfillment and wellness.

Let the reality of David's cry in Psalm 51:11 take you off that see saw: 'Take not that Holy Spirit from me'. We cannot live a full and enabling life without the Holy Spirit. We can read the Bible and know it from front to back but it will never empower our lives if we feel we can do it in our human strength.

Let go and let God do His thing fully in your life. Get out of the way so you can enjoy all that is created ... just for you!

