

# Act 3: The Holy Spirit

*Lift the curtains ...as you prepare  
yourself for the true meaning of  
Revelation!*

*And the **Spirit of God** moved  
upon the face of the waters.  
[Genesis 1:2]*



*Dr. Dale A. Dan*

## MESSAGE #8

### *How does the fruit of the Holy Spirit define our days.*

In **Message #1**, we looked at how God ushered in the Holy Spirit in preparation for His Voice at the onset of creation. In **Message #2**, we focused on how God partnered with the Holy Spirit in creating us. In **Message #3**, we saw the value of the Holy Spirit in helping us experience the fullness of the Blessed Trinity individually as three unique persons and together, as one God. In **Message #4**, we reflected on how the Holy Spirit helps us to *live* our full DNA: born in the perfect image of God (Genesis 1:26). In **Message #5**, we looked at how we can enjoy a daily relationship with Jesus through the Holy Spirit. In **Message #6**, we looked at how we enjoy the Holy Spirit by releasing our lives to Him. In **Message #7**, we looked at how the characteristics of the Holy Spirit apply to us today.

Now in **Message #8**, we will look at how the *fruit* of the Holy Spirit defines our days. Through the union we share with the Holy Spirit, more of who He is becomes more of who we are. It is as fruits growing on a tree as they blossom fully from its soil. Such is the fruit of the Holy Spirit that is invited into our soil that is fully ready for growth.

## Part 1

### *The Fruit of the Holy Spirit*

I shared in one of my previous writings about a possible mistranslation of the verse below:

*But the fruit of the Spirit is love, joy, peace, patience, gentleness, goodness, faith, meekness, temperance. Galatians 5:22-23*

Where the original was meant to read as follows with a colon after love. Again, it makes grammatical and biblical sense:

***But the fruit of the Spirit is love:** joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance.*

- The fruit of the spirit *is* grammatically one thing
- We recall it is said that the greatest of them all is ... love (1 Corinthians 13:13)

So, I will proceed in this context. The fruit of the Holy Spirit given to us is love. This love encompasses the other 8 ... joy, peace and so on.

Now let us sit back and enjoy what this ‘fruit’ of the Spirit of **LOVE** is all about:

~ **The Fruit of Love** ~

*The all-encompassing Gift of **LOVE***

I want to start by focusing on *love*. You know – just typing the word *love* soothes me. Oh, indeed it is the greatest of them all! (1 Corinthians 13:13). We enjoy all that the scripture talks about love:

*Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; does not behave rudely, does not seek its own, is not provoked, thinks no evil; does not rejoice in iniquity, but rejoices in the truth; bears all things, believes all things, hopes all things, endures all things. Love never fails. (1 Corinthians 13:4-8)*

As we read all that love is, imagine a world that genuinely loves! We will not envy, parade ourselves, act all puffed up, behave rudely toward each other, will not just seek our own, will not provoke others, will not think evil thoughts, will not take part in iniquity, will rejoice only in the truth, bear all things responsibly, believe, have hope and endure. What a way of transforming our world.

Part of inviting the Holy Spirit to walk in us is to enjoy His love. As we understand this, we become this love and manifest it accordingly in our daily lives.

It makes sense that one of the specific mandates we have been given is to *love* one another.

*Beloved, let us love one another, for love is of God; and everyone who loves is born of God and knows God. **He who does not love does not know God, for God is love.** (1 John 4:7-8)*

**He who does not love does not know God.** Wow – this is strong. The synonymy between our ability to love and our ability to know God.

How can we not love those we see daily and love God whom we have not seen? I take this further in saying that I have come to fall *in love* with God's people just as I fall in love with Him. It is truly so as we behold Him in each other.

Scripture reminds us of this:

*If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen? 1 John 4:20*



~ **Fruit of Love bears ... JOY** ~

As a result of my Joy-at-Work calling, the word ‘Joy’ has been a main pondering for years. I landed with the belief that joy comes from God. We can add to and take away from each other’s happiness by things we say and do. But we cannot add or take away joy from anyone since it comes from God. So, for me, happiness is ephemeral and joy is lasting.

There is no question in my mind that we are complete when we have the joy of God within us ...

*These things have I spoken unto you, that my joy might remain in you, and that your joy might be full. John 15:11*

His joy will remain in us. He does not reside in us then jump out of us. He is permanently there. So, once we acknowledge His presence within us, we will also experience His joy. The ups and downs of our joy happens because of us, not because of Him. He is steady. He is permanent. He is forevermore:

*Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore. Psalm 16:11*

*... for the joy of the LORD is your strength.  
Nehemiah 8:10*

I loved what is said here in Luke 10:21:

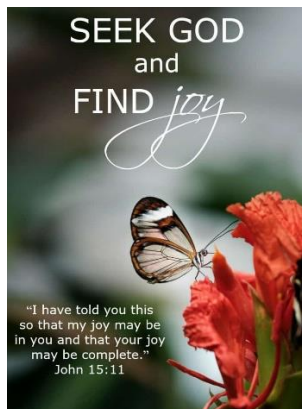
*At that time Jesus, full of joy through the Holy Spirit, said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this is what you were pleased to do."*

Jesus is full of joy *through* the Holy Spirit. Our brother and joint heir – Jesus Christ. Likewise, it is only through the Holy Spirit that we will enjoy the joy of God.

I enjoy what Galatians tells us below:

*If we live in the Spirit, let us also walk in the Spirit.  
Galatians 5:25*

The daily joy we have of walking in the Spirit because we live *in* Him. What an honor to be able to be all that God desires of us through His Holy Spirit.



~ **Fruit of Love bears ... PEACE** ~

If I have to guess what it is that the human longs to experience daily, it would be ... **peace**. Yet it seems we make so many decisions that deprive us of this one thing that we desire so much. I often wonder why ...

*Why do we lack peace?*

I am ever reminded of the birth of Jesus, especially today as I write this portion of the message on Christmas Day :). A King born in a manger. He could have been born anywhere and with anyone. God is all powerful in His choosing. He chose for His Son to be born in a lowly manger as if inviting the entire world of all statuses to have access to Him. Yet today, the poor feels inadequate going to a Christmas Service because they don't have the right clothing. What are we missing?

If indeed we can enjoy our full kingship that Jesus did in that manger, without anything material. It does not mean we cannot enjoy comfort but without it, we are still royalty for our wealth far surpasses anything a hand can touch. Oh, how this has become a reality in my daily life. I feel fuller now than I ever did and at a time when I am most stripped of all that is made by the human hand. It is joy unspeakable.



Peace like a river, that has nothing to do with what is happening outside of us. Embrace and safeguard this – it is our internal and eternal gift, untouched and pure.

There is so much that can disturb our peace. I know it is not always easy but let us try to take the dominion He gave us over all in Genesis 1:28 so that we can order our life as it should be and not let others order it for us. Also, let us find the inner peace gifted to us through all that He is within us. Finding peace through storing up riches in heaven and not on earth:

*Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal: But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: For where your treasure is, there will your heart be also. Matthew 6:19-21*

We are cautioned about being victims of anxiety that is also a source of so many illnesses. Again, I know it is not easy. We stress over health, that next job, that next meal, the kids, the workplace, the church, the people in our lives. So much to deal with and to navigate in this life.

Let us dare to clean our temple ... His home just for Him. Let us definitively decide what we will allow to dwell inside of us. He is worth this decision. Not only we put Him first here but we find peace in the process.

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.  
Philippians 4:6-7*

Let us enjoy the peace we find in God, nowhere else:

*These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world. John 16:33*



~ Fruit of Love bears ... PATIENCE ~

I want to start here by saying The Blessed Trinity is the greatest example of patience ever! Oh, they knew us even before they created us. They knew the beginning and the end of our journeys yet they ... *love* us throughout. Three *perfect* persons as one committed to the many *imperfect*.

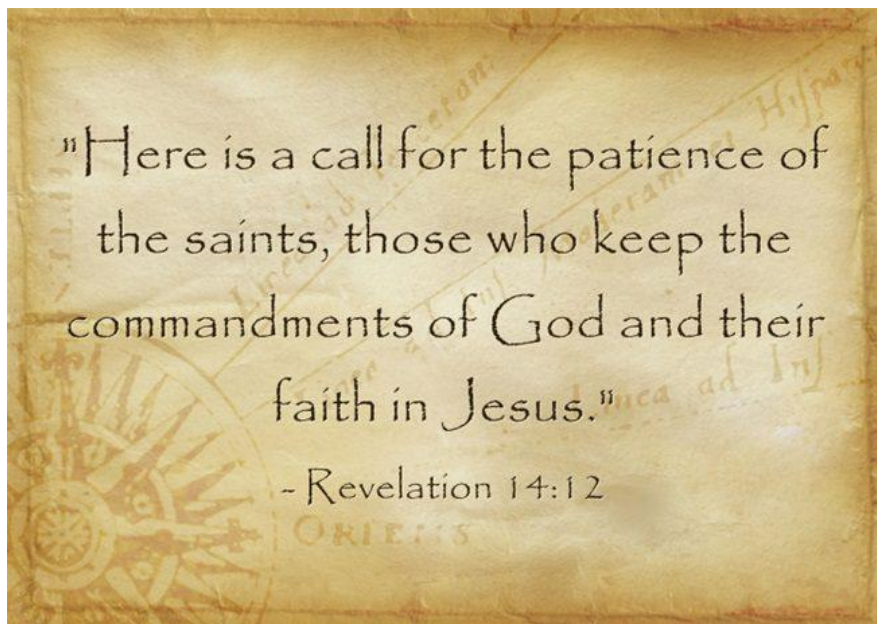
Wow! Wow! Wow!

There is no question in my mind that it is their love for us that drives their patience with us. As their Word states:

*Love suffers long and is kind. 1 Corinthians 13:4*

We are told to love one another as The Trinity loves us (John 15:12). Does our love for each other show the same patience? I always smile when I hear the ongoing debate: should others gain our love, patience, care or should we just give it all freely. For me, the answer to this was always easy. I give to others the love, patience and care that I desire to get from God. If He made me earn it all, where would I be? To be as patient like Christ:

*But how is it to your credit if you receive a beating for doing wrong and endure it? But if you suffer for doing good and you endure it, this is commendable before God. <sup>21</sup> To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps. 1 Peter 2:20-21*



~ **Fruit of Love bears ... KINDNESS** ~

What caught my attention about this gift is how difficult it is for us to remain kind when things are not going well in our lives. We get so caught up that we cannot see further than ourselves.

Precious ones, these are exactly the times when we want to show kindness as others learn from how we balance pain and care. We are reminded of long suffering in the scripture below:

*Love suffers long and is kind. 1 Corinthians 13:4*

Please, I do understand this is not easy. I too have experienced hurdles in my walk and probably failed to show as much kindness. But I too am learning each day the value of stepping back and being cognizant of the needs of others and not just my own.

This is truly the beauty of community – learning how to make space for each other and how to reach out from ourselves to others. It is all about love ... truly so. I have humbly come to realize that we can stop at love – for all else flows from this. So, it is about putting our hearts in the right place toward God and from our love relationship with Him, there is an overflowing and outpouring of love that blesses others and glorifies Him.

What a love walk ...



~ Fruit of Love bears ... **GOODNESS** ~

As I reflect on goodness, I can only think of our Blessed Trinity as my example and my gauge. How can I be good? I just need to focus on who they are then I have my answers. Also, goodness is so internal. We don't try to do good because of what others do, we do good because we are good. We are good because we are made in the image of God.

I love the scripture below because there is so much in the world today that concerns us. We can allow ourselves to be overcome by it all or take control and overcome it all with good. The dominion and control that God gave us in Genesis 1:28.

What does this mean? It means that we can fight or remind ourselves that the battle has already been won so when there is hatred, we love, when there is despair, we bring hope, when there is anger, we bring peace, when there is sadness, we bring joy.

*Do not be overcome by evil, but overcome evil with good.* Romans 12:21

Jesus also told us all about loving even when we are not loved:

*You have heard that it was said, 'You shall love your neighbor and hate your enemy. But I say to you, love your enemies, bless those who curse*

*you, do good to those who hate you, and pray for those who spitefully use you and persecute you, that you may be sons of your Father in heaven; for He makes His sun rise on the evil and on the good, and sends rain on the just and on the unjust.*

*For if you love those who love you, what reward have you? Do not even the tax collectors do the same? And if you greet your brethren only, what do you do more than others? Do not even the tax collectors do so? Therefore you shall be perfect, just as your Father in heaven is perfect. Matthew 5:43-48*

Because we are created from love since God is love, we find that as we replace evil with good, we feel an inner peace. When we are at war, we feel the stress even when we are not conscious of it – it plays out in multiple ways such as illnesses and even death. The human body is not made to be in constant anger or torment.





~ **Fruit of Love bears ... [FAITH]FULNESS** ~

Some bible translations use *faith* or *faithfulness*. I am keeping both since each is so important. Faith is not faithfulness and faithfulness is not faith.

Oh, when I think of the fruit of the Holy Spirit that bears **faithfulness** – how He helps us to be that amazing image of the faithfulness of God. Is God faithful to you? Just thinking on His faithfulness leaves me speechless. Where would we be today without this faithfulness? Oh, as the scriptures say, they are new every morning and He keeps His covenant with those who love Him:

*It is of the LORD's mercies that we are not consumed, because his compassions fail not. They are **new every morning**: great is thy faithfulness. Lamentations 3:22-23*

*Know therefore that the Lord thy God, he is God, the faithful God, which **keepeth covenant and mercy with them that love him** and keep his commandments to a thousand generations. Deuteronomy 7:9*

*Our relationship with God is costly*

I do want to pause and reiterate here that this relationship with our faithful God does not come cheap – it is costly. At times, we quickly read through the scriptures without

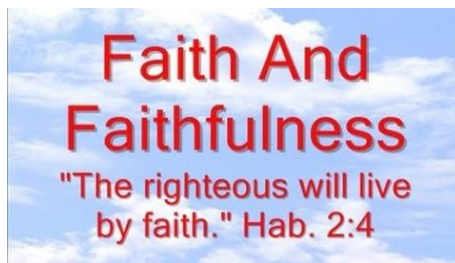
fully understanding what it is conveying to us. The faithfulness of His covenant is *for those who love Him*. There is a price for the prize dear ones. It is about a relationship with God where the giving is reciprocal. God's giving to us has much to do with our giving to God. Let us always be found faithful where our heart keeps God daily on the throne allowing nothing to move Him to second place.

We are also given the fruit of **faith** through the Holy Spirit. We read the following:

*So then faith comes by hearing, and hearing by the word of God.* Romans 10:17

Again, let us not just read that faith comes. No, it comes by the word of God. Dear ones, let us embrace the Word with the Holy Spirit as He reveals all truth to us. Let us through *the faith given to us*, remain steady and unmoved in our commitment to God and His Word.

*God hath dealt to every man the measure of faith.*  
Romans 12:3



~ **Fruit of Love bears ... GENTLENESS** ~

This an aspect of the Holy Spirit that deeply touches my heart. The sweet softness and gentleness that characterize His nature and His presence.

The more I grow with Him, it is the more I wish I had grasped this fully before. But I accept all things are in His timing, not mine. He does not come with a thundering sound or through a massive storm or a tumultuous wave. He comes through a *gentle* breeze or a small voice:

*And he said, Go forth, and stand upon the mount before the LORD. And, behold, the LORD passed by, and a great and strong wind rent the mountains, and brake in pieces the rocks before the LORD; but the LORD was not in the wind: and after the wind an earthquake; but the LORD was not in the earthquake:*

*And after the earthquake a fire; but the LORD was not in the fire: and after the fire **a still small voice**.*

*And it was so, when Elijah heard it, that he wrapped his face in his mantle, and went out, and stood in the entering in of the cave. And, behold, there came a voice unto him, and said, What doest thou here, Elijah? 1 King 19:11-13*

I will share why this is so precious. Once I reached for that height in God that I knew He wanted for me, I started to enjoy what I call an intimate or *bedchamber* experience

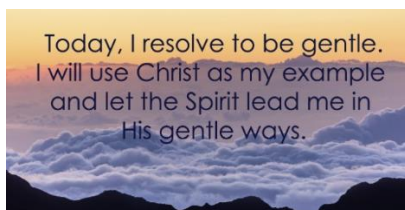
with Him. I rest in His arms knowing that all is well. I do not have to shout or scream my needs; I just whisper each gently in His ear. If it aligns with what He desires for me (since He only wants the best for me) then He will grant my request. But again, the *cost* ... I can enjoy this because I want nothing that is not of Him. I will release anything just to be where He is.

I desire to showcase His gentleness through my life so that many will see and give glory to my Heavenly Father. Oh, how I long to represent Him well.

*Let your gentleness be known to all men. The Lord is at hand. Philippians 4:5*

I embrace the scripture below. We do not need to quarrel but to be gentle. When we are gentle, we are able to be patient and to enjoy teaching for Him. Those who see the gentleness in us are more apt to learn from us. People want of us what they do not have. They are not interested in leaders who cannot move them to that better place. The best way to do this is through our life's example.

*And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient. 2 Timothy 2:24*



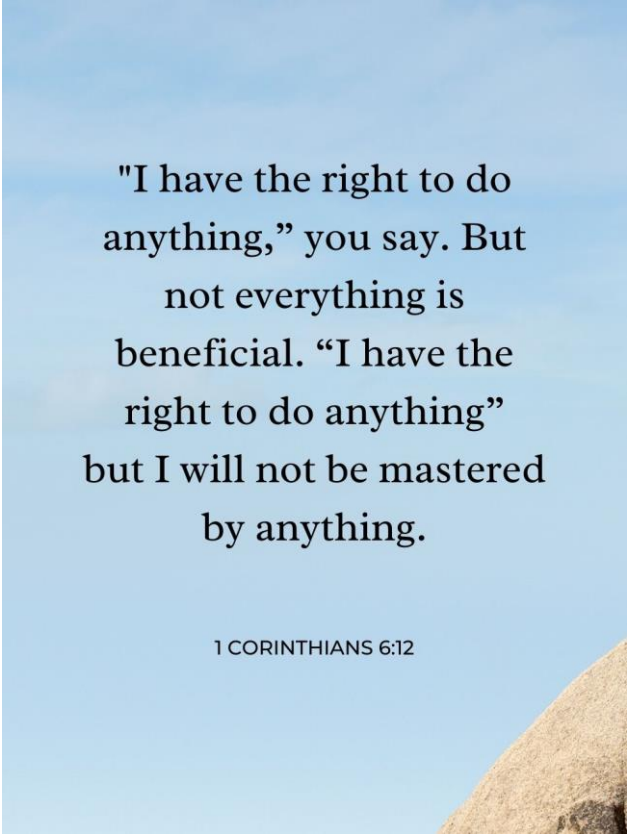
~ **Fruit of Love bears ... SELF CONTROL** ~

This is a very interesting fruit to ponder over. Just pause and think on the fact that we absolutely cannot enter the Kingdom of Heaven unless we can be slenderized! To be slenderized means to shave off all the things in our lives that are not of Him. To do this it takes self-control. And now I have learned how easy it is to have self-control when our focus is on loving and serving The Blessed Trinity.

A simple example in my life is taking care of my temple for God. Many of you can relate to the very genuine efforts on our part to do this well – mind, body, spirit. We find ourselves up and down in our health, weight gain, or weight loss, finding quiet prayer time, focusing our mind and so forth. We don't seem to be consistent long enough to make it happen. Not easy for any of us. But for me, it all happened when I realized that perfecting my temple was not about my pleasure but theirs. In pleasing them, I found joy. This is when I was able to see consistent results from my efforts to enjoy strong temple care.

As the scripture below states, we do not have a spirit of fear. We fear nothing. We are empowered by Him and given full dominion over all as stated in Genesis. We have all the love a God can possibly give if we desire it. And we have self-control if we use this love for Him and accept the empowerment, He has lovingly given to us.

*... For God gave us a spirit not of fear but of power and love and self-control. 2 Timothy 1:7*



"I have the right to do anything," you say. But not everything is beneficial. "I have the right to do anything" but I will not be mastered by anything.

1 CORINTHIANS 6:12



## Part 2

### *Living this Message Today*

This message helps me enjoy the love of the Holy Spirit daily knowing that this **love** encompasses all that I need to live my purpose for God: *joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance.*

I am so grateful to be empowered and fully equipped with all that I need to live for God daily. Oh what a joy to invite the Holy Spirit – the full package we need for eternity.

I have come to truly enjoy 24/7 **joy** when I am awake or when I am asleep for I know now that even when I am asleep, my spirit keeps communing with God. You too may have noticed that you go to bed too tired to finish your prayer but in the morning you have the answer! It is because God hears our heart even before we whisper one word:

*And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear. Isaiah 65:24*

In the depth of my being, I feel such **peace** daily as I allow the Holy Spirit to take control. This is especially so when I am not sure what to do or which direction to take.



I rest it all on Him until I feel that inner peace and calm to take action – He is flawless in guiding us.

I am learning daily how to be *patient*. I am learning how to pause and how to listen more to others and how to take time to understand them better. In clearly understanding them, I am able to serve them well. Even if I do not agree or am aligned with their actions and thoughts – I am there to meet their needs.

How sweet it is to focus on the *gentleness* of the Blessed Trinity. They are so powerful yet gentle. I keep learning how to be firm yet gentle as they are so that I can guide those who depend on my leadership in a soft manner. In a calm manner. In a manner that wraps them with a blanket just as God wraps us.

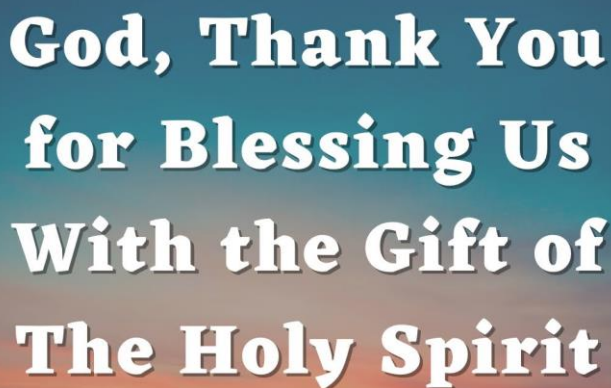
Through *goodness* from the Holy Spirit, I know that I am moved from glory to glory through the goodness of my heart that converts all that is not of God into goodness and kindness. To engage in actions that speak of the goodness of God.

I am humbly learning daily that *faith* does move mountains. It is truly believing in that which I cannot see. Through the Holy Spirit I can rest even when I feel blinded because I know He is my vision.

I am daily reminded in Matthew 5:5 that the *meek* shall inherit the earth. It is through my meekness, that I learn to

totally submit to Him in my daily life. When I do, I feel in control knowing that all is well and I need not be concerned. It is the control He gave us in Genesis 1: 28.

Finally, through the presence of the Holy Spirit in my life, I enjoy *temperance*. He is like that gauge or balance that monitors my actions and keeps me balanced and aligned with the Blessed Trinity. Oh, I never want to be where they are not. Life can disturb us at times. It can cause us to lose our calm but as we focus on the Holy Spirit within us, we regain that balance. It is truly amazing.



**God, Thank You  
for Blessing Us  
With the Gift of  
The Holy Spirit**

~ **PERSONAL REFLECTION** ~

1. As you reflect on the following that are all encompassed in the fruit of LOVE given to us by the Holy Spirit. How ready do you feel in exercising each in your daily life?
2. What is it that causes you to struggle with any of these?
3. What do you think you need to do to enjoy each of these areas of empowerment by the Holy Spirit?

*LOVE: joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance.*



Dear Father,

Through the gift of your Holy Spirit, we are able to enjoy so much. We have all we need to truly be like you. You made us in your image, you gave us Jesus as our example and the Holy Spirit to guide us daily.

I feel empty without Him. I feel lost and have no compass for my day unless He is propelling me forward. Thank you, Holy Spirit, for being a person with whom I can enjoy a daily relationship. I feel so empowered by you. I feel so full and so complete in you.

I ask you now to remain with me always please. You are a part of me and I never want to feel, even for one second, that we are separated. I lovingly invite you to stay with me. To be my calm and my all.

Thank you.

Amen

